

Rest

Matthew 11:28

Rest?  Good enough?

11-0

Don't Give Up  Earn it! 

...keep on working... 

Press on  Don't ask for help... 

Push on through...  Get it right! 

Try hard, then try a little more 

He's keeping score

Come

•Come to me

- Jesus calls us to come to him.
- He is the way, the truth, and the life.

Come

- all you who are weary and burdened
 - “labor, exert oneself, toil, work hard, strive, struggle, become tired”
 - “loaded down, carrying something”

Come

•and I will give you rest

- Jesus promises that we can find rest in him.
- Life with Christ is spiritual rest.

Learn

•Take my yoke upon you



- There is work to be done,
 - but being united with Jesus makes it bearable.

Learn

- learn from me
 - Jesus wants to teach us his way of life.

Learn

- for I am gentle and humble in heart
 - Jesus is not an arrogant taskmaster,
 - but a gracious teacher.

Find Rest

- You will find rest for your souls
 - “stopping from wearisome activity”
 - physical weariness and spiritual weariness

Find Rest

- For my yoke is easy
 - “good, kind, benevolent”
 - my burden is light

Find Rest

- “And you experts in the law,
 - woe to you
 - because you load people down with burdens they can hardly carry,
 - and you yourselves will not lift one finger to help them.”
- Luke 11:46

Find Rest

- “why do you try to test God
 - by putting on the necks of the disciples a yoke
 - that neither we nor our fathers have been able to bear?”
- Acts 15:10

Find Rest

- Romans 4:1-7
 - Abraham believed God and it was credited to him as righteousness.
 - ...to the man who does not work but trusts God who justifies the wicked
 - his faith is credited as righteousness.

Find Rest

- Hebrews 4:9-11
 - We do not work to earn our salvation.
 - We receive God's grace through faith in him.
 - Salvation is called a Sabbath-rest for the people of God.

Rest

- Come to Jesus and give up burdensome attempts to please God on your own.
- Learn Christ's way of life and work in his strength.
- Rest in God's salvation.